

H1N1 (Swine Flu) Update



Signs and Symptoms

Fever
Chills
Fatigue
Sore Throat
Runny or Stuffy Nose
Body aches
Headache
Cough



Priority List for Vaccination

The Centers for Disease Control (CDC) has established a priority list of those who should receive the vaccine 1st. *Skilled Nursing Home and Assisted Living residents are not at the top of this priority list.* The CDC considers this population to be at a lower risk to contract H1N1. *Health Care Workers are a higher priority on the list.* This would include health care workers in long term care and assisted living settings.

The priority list for vaccination includes:

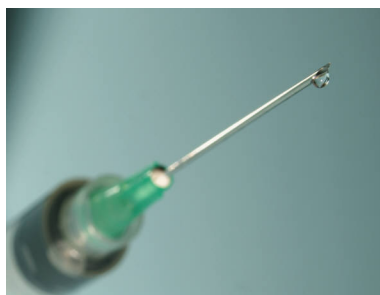
- Pregnant women
- Children from 6 to 18 years old
- Caregivers for children younger than 6 months old
- Healthcare and emergency medical services personnel
- Young adults 19 to 24
- Persons 25 to 64 with potential higher risk health conditions

Facts and Information

Version 2, Updated 8/28/09

Availability of the Vaccine

- The Vaccine is expected to be available near the end of October 2009
- The State and Local Health Departments will be controlling the dissemination of the vaccine
- Each State may have a different approach as to who may distribute the vaccine
- In some States, pharmacies may be allowed to be a distributor, but in others, it may be provided directly through the Health Department or other approved methods. Each facility may have to go on-line and complete information in order to be placed on the priority list. Each State Health Department is continuing to establish the best way to distribute the vaccine
- Each State Health Department is updating their websites every few days with new guidelines and information
- For updated information go to www.SeniorCarePharmacy.net and click on "What's New"



Recommendations

Strictly Follow Precautions to Prevent the Spread of H1N1

- Wash Hands Often
- Cover your mouth when coughing or sneezing
- Keep hands away from your mouth, nose and eyes
- Avoid contact with people if they are sick or if **you** are sick
- Avoid contact with others (work, school, and/or other public activates) if you have signs and symptoms
- Contact your work supervisor if you begin showing signs and symptoms



Additional Recommendations

Vaccinate all residents and health care workers with the Seasonal Influenza Vaccine as soon as it is available.

Contact your Senior Care Pharmacy about scheduling the delivery of your Seasonal Influenza vaccine. It is expect to be available as early as the middle of September but this may vary by pharmacy.